



Directions for Undergraduate Program Director Reports:

1. Talk to students in your major, ask around if there are any current academic issues.  
(ex: class conflicts within the major, issues with professors, etc)
2. Look at Degree Navigator, write down the course requirements
3. Formulate a list of things you would like to know about the program (corporate connections with the university, current research projects, opportunities for students to get involved, etc)
4. Email Undergraduate Program Director and Arrange Appointment
5. Fill out Undergraduate Report Sheet
6. email to [vicepresident@sgc.rutgers.edu](mailto:vicepresident@sgc.rutgers.edu) and complete by December 4th



Name: Justin O'Grady

Major: Exercise Science

Date: 4/20/2020

Semester: Spring 2020

Undergraduate Program Director: Andrea Spaeth

UPD Contact Information:

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I. Major Options - What options are offered within the major? How do they differ?

Exercise Science Major- educates students in the life sciences for careers in a variety of areas including medicine, physical and occupational therapy, athletic training, and exercise physiology.

Sports Management Major- prepares our students for careers in the world of sports business including marketers, athletic directors, and facility managers.

II. Total number of students within the major

Combined over 1000- exact number not provided.

III. Goals within the major - What are expectations of students post-graduation?

#### IV. Major Courses - What is the goal of each course? What should students be learning?

The Exercise Science Major provides students with a strong science foundation emphasizing preparation for further specialized graduate study or direct entrance into a variety of fields related to exercise physiology, biomechanics, sport medicine and direct entrance to upper level certifications in the rehabilitation and fitness industries.

The Sport Management Major is designed to meet the growing interest in the business, administration, marketing, and management of sport programs and facilities. Graduates may choose to pursue advanced degrees in such topics as administration, marketing, MBAs, law school, and facility management.

V. Concerns/Student issues with classes? How to resolve, suggestions?

None.

VI. Things going on within the major (Research, Visitors, Talks, Seminars within the major)

Exercise Science Club- have guest speakers on every other Tuesday night.

Study Abroad Programs.

## VII. Research Opportunities

Athlete Health and Neuroscience Lab  
Cardiac Neuroscience Lab  
Exercise and Gastrointestinal Health Lab  
Exercise Psychophysiology Lab  
Human Performance Lab  
Psychosocial Process and Health Lab  
Rutgers Sleep Lab  
Wellness and Lifestyle Health Initiative

## VIII. Job Outlook, suggestions for students in this major (ex: organizations to join, news to pay attention to)

Both major require an internship to be done senior year  
Volunteering hours important  
Partaking in research opportunities

## IX. Changes within the major in the upcoming year?

None as of right now.

## X. Other Suggestions